



Going Deeper Questions  
Contentment  
Ethan May

**Sermon Scripture Passage**

1 Corinthians 7:17-20

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**Fun icebreaker question**

What's your favorite "Thanksgiving food"?

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**Discipleship Cycle: Debrief & Interpret**

Last week's Discipleship Cycle invited us to look for intimacy in the real world, and in a real relationship in the right way this past week. What was that like?

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**Quick Review: What stood out to you from this week's passage?**

Looking back at your notes from this week's passage and sermon, was there anything you heard for the first time or that caught your attention, challenged, or confused you?

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**My Story**

- 1) How has "contentment" been taught or talked about in your own life as a Christian?
  
  - 2) In what areas do you find yourself most often struggling to be content?
  
  - 3) If you feel comfortable, share about a time that you've felt overwhelming
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peace or contentment in the midst of a difficult situation or season. What did that contentment feel like?

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### **Dive Deeper**

Let's re-read 1 Corinthians 7:17-20.

4) Paul emphasizes that the circumstances we are in when Christ calls us are "nothing" compared to how we continue to live as believers in those circumstances. What would it mean for us to "live as believers" in our own difficult circumstances?

5) What do you think the difference between a simple "grin and bear it" mindset and a "live as a believer" mindset looks like? Do you think there's a difference?

6) Why do you think it's important - both to us and to God - that we don't simply "grin and bear it" through hard circumstances, but instead "live as a believer"?

7) If you feel comfortable, what are some areas that you feel discontent with right now. As a group, how can we pray for, encourage, and support you?

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### **Discipleship Cycle: Respond Actively**

This week's sermon is about finding contentment in God, even as we might long for something. So this week, take time to intentionally reflect on ways that you might be feeling discontent - and when you start to identify those things and those feelings, pause and ask God to show himself to you in that area. Ask God to remind you that he remembers you. Ask God to bring you contentment in him.

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**A special question for couples and families**

This week, how can you rely on your spouse, partner, or children as you look to God in those areas of discontentment in your life? What would it look like to invite others in to help you find contentment?

Kids, what's something that makes you feel unhappy? Do you think God cares about those things? How do you think God helps us feel happier about those things?

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